

Directions to Kite Beach (Shore Club on Long Bay Beach)

Meet us here 10 minutes before the lesson start time

The Shore Club's public beach access on Long Bay Beach is located 1.2 miles past the last roundabout on Leeward Highway when heading away from the airport. This is the roundabout where Leeward Highway goes from 4 lanes to 2 lanes (look for gas station on left after roundabout). After traveling 1.2 miles past this roundabout, you will see a large sign for "The Shore Club" on your right. Make this right. You will hit a dead end T- junction(1/3 mile ahead) and you will see the resort to your right. Make a right towards the resort at the end of the road. Immediately make your first left into the parking lot just prior to the resort. It is not marked and there is construction going on as well. You are here!

From the parking lot, walk down the sand path towards the water. Facing the water, walk to your left about 800ft. Look for the Kite Provo flags which are black and white. Look for Kite Provo instructors wearing red shirts that say "Instructor" "Kite Provo" on the back.

What to bring:

To get the most out of your experience we recommend the following:

- Sun protection is a must and we suggest our Kite Provo water shirts which provide full UV sun protection and long sleeves. They are designed to dry quickly. We sell this at a special price to our students, only \$40.00. If you want one, please e-mail us at info@kiteprovo.com to tell us what size and we can add it to the lesson payment.
- Please bring sun protection (sun screen)
- Water to stay hydrated
- Inexpensive sunglasses with a strap. Do not bring expensive sunglasses
- Nov. – Feb. I suggest bringing a neoprene shirt for the wind chill. WE now also sell an amazing neoprene shirts for \$80.00 and can just add this to your bill if you want one. It is waterproof and windproof and very flexible for comfort.
- Water shoes/neoprene booties are optional and not usually needed. Feel free to bring them if you are concerned.
- High energy snacks like a power bar, dried fruits, or nuts are always a good idea.

Additional Services to Consider

SUP (Stand Up Paddle Boarding) Tour and Rentals

SUP Provo is our sister company. We offer stand up paddleboard tours and rentals. The waters here are beautiful and beckon to be experienced on a sup! We have amazing tours through Mangrove islands teaming with wildlife. Be sure to bring your cameras! Ask us about setting up a tour.

www.SUPPROVO.com (649.242.2927)

I strongly encourage you to do our eco adventures on paddleboards, it is truly amazing and is more about ***“Connecting You With Nature”*** than open water paddling. The eco adventure is through our national park system into a neighboring island, Mangrove Island.

Mangrove Tour – Connecting You With Nature!

2.5hrs

A Magical journey through the shallow water estuaries.

If you have not been on one of our eco-adventures, we recommend you start with this tour as it offers amazing diversity and is the easiest tour so suited for all skill levels. You will paddle to a neighboring small mangrove island, which offers hidden trails that zigzag throughout it. We are experts in the eco-system and share with you the science and nature of this magical world. Our eco-guides have a trained eye and will point out things often missed by the untrained eye. Our eco-guides are widely educated in the plant life, the wildlife, biology, and chemistry of the marine aquatic eco-system. Be mesmerized by their knowledge while having a close encounter with turtles, baby sharks, rays, snapper, small reef fish, herons, anemones, invertebrates, star fish, conch, cormorants, and pelicans. If beautiful sights and picturesque views are your thing, then this is the tour for you.